

Living a Very Green Life at White Horse Village!

Dottie Mallon, Vice President of Marketing & PR

Going Green at White Horse Village means Living Green! Living green comes naturally for the residents of White Horse Village, a 96-acre continuing care retirement community in Newtown Square, PA. The community's bucolic setting attracts retirees who love spending time outside –from amateur gardeners to committed conservationists.

White Horse Village has focused on using sustainable landscaping practices and designing landscape elements to improve the watershed. The community has been recognized for its innovative environmental efforts by the **Chester Ridley Crum Creek Watersheds Association**. The resident run Landscape Advisory Committee oversaw the identifying and tagging of more than 1,200 trees on campus—an effort that was recognized and applauded by **Scott Arboretum of Swarthmore College**. Metal tags were donated by the arboretum and then residents labeled and affixed them to the trees. The labels give the common name of each tree as well as its Latin nomenclature.

White Horse Village is part of the state wide Blue Bird Trail that connects to nearby **Tyler Arboretum** and **Ridley Creek State Park**. This is the third year that resident members of the White Horse Village woodshop were asked to make over 40 bird nesting boxes for the **Willistown Conservation Trust's (WCT)** Bird Conservation Committee. They made boxes for Kestrels (a kind of peregrine falcon), Eastern Blue Birds, and other small birds. The lumber for the boxes is provided by White Horse Village and a donation is given to the Woodshop for each completed box. Because of the White Horse Village boxes and the conservancy's own homeowner bird box program, over 325 bird boxes have been placed in the Malvern/Willistown/Newtown Square area.

For two years the **Pennsylvania Horticultural Society (PHS)** has awarded the Blue Ribbon for the Gardening and Greening Contest in the category of "Combination Garden, Community" to the Harvester's Garden at White Horse Village. Several garden plots are available for residents, as well as a plot for the chefs. Resident "Harvesters" plant a number of flowers and vegetables that are sold in the summertime at the weekly farmer's market for a reasonable fee. The herbs that the chefs grow are used in their cuisine. Penn State also awarded the Harvester's with a Blue Ribbon.

White Horse Village celebrates its 29th anniversary this year of providing a full range of retirement lifestyles with a variety of living accommodations. A five star rated, Healthcare Center is on-site, should the need arise for long term nursing care. Visit or call to plan your experience of a lifetime!

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