



# THE PONY EXPRESS

## WEEKLY CALENDAR

February 14, 2019

### **Thursday, February 14** *Valentine's Day* ❤️

*Last day to purchase Candygrams - all proceeds go to American Heart Association*

*Valentine Theme Dinner in the Steeplechase Dining Room*

9:00am – Stall open with great deals

9:30am – Open Bridge in the Grille

1:30pm – Pinochle in the Club Room

7:00pm – Partner Bridge in the Grille; bring your own cards and stay as long as you like

### **Friday, February 15**

9:00am – Centering Prayer in the Club Room

10:00am – Coffee Klatch in the Grille

10:00am – Sculpture Group in the Art Room

10:00am – Giant Shopping Trip departs from the Clubhouse

10:15am – Pool in the Billiards Room

10:30am – Ted Talk has been postponed due to Auditorium upgrades; stay tuned for a rescheduled date and time

7:15pm – Ch #1970 Movie: *The American President*, comedy-drama about a widowed U.S. president and a lobbyist who fall in love. It's all above-board, but "politics is perception" and sparks fly anyway.

### **Saturday, February 16**

7:00pm – Performing Arts presents Paula Johns, Jazz and Cabaret Singer in the Auditorium: Paula is back with classic love songs that we know and love such as, *You'd Be So Easy to Love & You Stepped Out of a Dream*. (Her Valentine's CD of love songs are available for \$10 after the concert.)

### **Sunday, February 17**

11:30am-2:00pm – Brunch in Steeplechase Dining

### **Monday, February 18** *President's Day, No mail*

10:00am – Acme Shopping trip departs from the Clubhouse

1:30pm – Eucharist Service, led by Rev. Ed Shiley, meets in the Club Room; all are welcome!

1:30pm – Book Club in the Dressage Dining Room; *Before We Were Yours*, based on one of the biggest scandals in American History

3:00pm – Village Singers Rehearsal in the Auditorium

6:45pm – Duplicate Bridge in the Club Room and Tavern

6:45pm – Great Decisions Discussion group meets in the Multi-Purpose Room

### **Tuesday, February 19**

10:00am – Bible Study led by Ted Behr in the Club Room: *The Parables of Passion Week* - Join us to discuss how Jesus charts his path toward arrest, trial, and the Cross through spoken and enacted parables. All are welcome!

3:00pm – Great Decisions Discussion Group meets in the Club Room & Auditorium

5:00pm – Birthday Dinner gather in the Steeplechase Dining Room

6:45pm – Great Decisions Discussion Group meets in the Multi-Purpose Room

7:00pm – Bingo in the Auditorium

### **Wednesday, February 20**

9:30am – Bridge Lessons in the Club Room

10:00am – Walmart Shopping Trip departs from the Clubhouse

12:30pm – Bell ringers Rehearsal in the Auditorium

3:30pm – Tech Talk with K4Connect in the Auditorium; learn about the Pilot Program ten residents participated in and how K4Connect is using modern technologies to help aging adults live healthier, happier lives

4:00pm – Four Seasons sing a long; all are welcome to join us!

4:30pm – Wine and Cheese in the Clubhouse

### **Thursday, February 21**

9:00am – Stall open with great deals

9:30am – Open Bridge in the Grille

11:00am – Taste and Tour Marketing Luncheon

11:30am – Mystery Lunch departs from the Clubhouse

1:30pm – Pinochle in the Club Room

7:00pm – Cultural Encounters presents *The Philadelphia Zoo: What You Might Not Know* in the Auditorium

Visit us on the web at [www.whitehorsevillage.net](http://www.whitehorsevillage.net)

## NOTICES

**The Manager on Duty the weekend of February 15 is Megan Shugars.**

**36<sup>TH</sup> ANNUAL ELDER WEEK CLASSES** hosted at Delaware County College will take place on March 12, 13 and 14. Enjoy a continental breakfast and delicious lunch at the "Elder Week Café" each day. All classes and activities will take place in the STEM Center. Advance registration is required and limited. WHV Transportation is available each day for a minimal fee. The bus departs the Clubhouse at 7:30am and will return at 1:30pm. If you would like to sign up for the full day of classes, transportation is on your own. Booklets with registration forms are located in the Welcome Center. Registrations must be received by March 1. If you are interested in transportation, please contact Barbara immediately.

**THE MUCH ANTICIPATED WELLNESS SURVEY** will soon arrive in your e-mail inbox! If you do not have e-mail or prefer to complete the survey in a paper format, please pick up a copy at the wellness center.

**DID YOU KNOW** that wellness is about much more than your physical health? True wellness is the full integration of seven domains; social, physical, emotional, spiritual, intellectual, environmental and vocational. Stay tuned for the next 7 weeks as we explore our wellness domains!

**LEND A HAND IN CANTERBURY SKILLED NURSING:** Volunteers are needed to fill water pitchers on the 1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup> Tuesday at 1pm. Can you help? This is a small commitment that makes a big difference in the lives of the residents. If you are interested, please call Fay Gregg at 610-558-4098.

**THE HOUSEKEEPING DEPARTMENT IS HOSTING A SHRED EVENT** on Tuesday March 26, 10:30am to 12:30pm, in the Winter Court Parking Lot (same location as before). 5 locked bins will be located, outside the Front Entrance of the Clubhouse on March 19. Any questions, please call Housekeeping at 610-558-5005.

**A SPECIAL WINE & CHEESE FAREWELL RECEPTION** is planned for Dr. Shank in the Auditorium on Thursday, February 28 at 4:15pm. All are welcome to attend and share your well wishes and thanks with Dr. Shank. Special musical entertainment provided by Horseplay Jazz.

**SAVE THE DATE:** In honor of National Nutrition Month, you are invited to the “*Are You Smarter than a 5<sup>th</sup> Grader?*” *Eat Right, Live Right, Feel Right* event hosted by Dining Services, Wellness and Life Enrichment on Wednesday, March 6, 4-5:30pm in the Auditorium. Enjoy wine and healthy hors d'oeuvres. Answer some questions for a chance to win a prize!

**CULTURAL ENCOUNTERS PRESENTS** WHV resident, Tom Stretton, *Walt Disney – Part I*, in the Auditorium on Thursday, March 7 at 7:00pm.

**MAIN LINE SCHOOL NIGHT** is hosting an Apple iPad Level 1 training class led by professional, Karen Strauss, MA, Technology Coach; 3 sessions for 1.5 hours each. There is no charge for the classes and they begin March 7, 14, 21 in the Club Room at 2pm. Would you like to learn how to efficiently set up and run your iPad, identify the apps that come with the device and work with mail, messaging, camera and web browser? Let us know what you would like to learn in these classes by emailing Jim Snively at [jwmjr18@comcast.net](mailto:jwmjr18@comcast.net). Your feedback is important to us. **Sign-up sheets are located in the Welcome Center.**

**BLOOD DRIVE:** Save the date – Friday, March 8, for our annual American Red Cross Blood Drive. To donate blood, please sign-up in the Wellness Center.

**RESIDENT COUNCIL** will be held on Wednesday, March 13 at 3:30pm in the Auditorium. All are welcome to attend.

**PERFORMING ARTS PRESENTS** Bob Egan at Piano during Wine & Cheese on Wednesday, March 13 at 4:30pm in the Clubhouse.

**TOP OF THE MORNING TO YOU:** Join us for an Irish Coffee Klatch on Friday, March 15 at 10am in the Grille. WHV leprechauns, Hilary and Barbara will be serving delicious mugs of hot coffee with a splash or two of Baileys Irish Cream and a bite of Irish Soda Bread. May your day be touched with a bit of Irish luck!

**PERFORMING ARTS PRESENTS** Katie Eagleson, jazz cabaret singer, on Saturday, March 16 at 7:00pm in the Auditorium. Katie is a vocalist whose artistry preserves and inspires *The Great American Songbook*.

### **TRIPS & TRAVELS**

**Please sign up for trips at the Front Desk Monday through Friday.**

**Let Laurena know if you need a ride to the Clubhouse.**

**TUESDAY, FEBRUARY 26 - PHILADELPHIA MUSEUM OF ART:** *Fabulous Fashion: From Dior's New Look to Now*. Experience the drama and glamour with a guided tour of some of the most creative feminine fashions ever designed. Bus departs the Clubhouse at 9:00am. Cost for ticket and transportation is \$35 and will be included on your monthly statement. Please sign up with Laurena at the Front Desk.

**TUESDAY, MARCH 5 - THE PHILADELPHIA FLOWER SHOW:** *Flower Power* – Celebrate Flower Power and Woodstock's 50<sup>th</sup> anniversary. You will see more flowers than ever before! Throughout the ten acres of the show, you'll discover how flowers bring together all cultures and cross all borders with a common bond of beauty, community, hope, healing and joy. This trip requires a lot of walking. Enjoy the beauty of the flower show with time to shop and eat as well. The WHV Bus leaves at 9:30am and returns for home by 2:00pm. Cost for ticket and transportation is \$40. Please sign up with Laurena at the Front Desk.

**HUNTERDON HILLS PLAYHOUSE:** Sunday, March 17, WHV is invited to join Maris Grove and Touriffic Travel for a day trip to the Hunterdon Hills Playhouse. Celebrate St. Patrick's Day as the sights & sounds of Ireland come alive in **The Irish Cabaret!** starring Andy Cooney, who has sold out Carnegie Hall seven times. Irish Cabaret is a celebration of Ireland's music, song, comedy and dance. This is one Saint Patrick's Day celebration you don't want to miss! \*This show sells out quickly\* A delicious dinner is included. Fliers with additional information are available inside the Welcome Center in the Clubhouse. Cost is \$141.00 per person based on a minimum of 35 guests. Please return your form with payment to Barbara in the Activity Office in the Auditorium.

### **Life Enrichment Team**

**Hilary Boucher, Life Enrichment Manager**

[hboucher@whitehorsevillage.org](mailto:hboucher@whitehorsevillage.org)

**610-558-5023**

**Barbara Caso, Life Enrichment Coordinator**

[bcaso@whitehorsevillage.org](mailto:bcaso@whitehorsevillage.org)

**610-558-5076**

**Linda Sardo, Health Care Life Enrichment Supervisor**

[lsardo@whitehorsevillage.org](mailto:lsardo@whitehorsevillage.org)

**610-558-5041**